

Hadhrat Ubadah bin Saamit رضي الله عنه narrates that Rasulallah صلى الله عليه وسلم used to teach the Sahabah رضي الله عنهم the following Dua at the approach of the Month of Ramadhaan:

اَللّٰهُمَّ سَلِّمْ لِيْ رَمَضَانَ وَسَلِّمْ رَمَضَانَ لِيْ

وَسَلِّمْهُ لِيْ مُتَقَبِلًا (طبرانی)

O Allah! Safeguard me for the Month of Ramadhaan (by making me see the Month of Ramadhaan healthy and fit so that I can take maximum benefit from it), and safeguard the Month of Ramadhaan for me (by making the conditions in it such that I can take maximum benefit from it) and accept it from me.